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Reaching your Dreams by Choosing Optimism

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I was only six years old. I remember the tension on my parents' faces. My parents had sweat dripping down their foreheads and tears coming out of their eyes. I wondered to myself "What happened? Why are mommy and daddy crying?" I could not do anything about it. My grandma met with a terrible car accident which led to a spinal injury. She was supposed to come to visit us and meet my baby brother who would be born soon. Fortunately, my grandma's will was stronger than the injury's intensity, and she survived. However, due to the accident, she would not be able to walk forever. My grandma could not even move her toes for weeks. She did not give up. She pushed through. A few weeks later, she could walk slightly with the assistance of a walker. She did it.

My grandma did visit us a few months later, and we loved being reunited with both of my grandparents after a long time. In my dictionary, she is the definition of optimism. She instilled a path paved with confidence and belief.

Dreams. We all dream. Dreams are clouds of hope that surround our minds, our thoughts, our beliefs, basically everything. We dwell in our dreams; they consume us into a fantasy. We hope that one day our fantasy becomes our reality. What fuels our dreams? What allows us to reach our goals? What lets us work hard so we can one day reach our reality? The answer is simple: optimism.

Life is full of clouds filled with uncertainty and negativity. The rays of positivity and hope gleam on us, soaring through us. Plants depend on the sun's energy to create food. Imagine a world with no sun for the plants. The sky would be filled with darkness with ice-cold breezes. The plants would shrivel and fly away in the glooming winds. Where would we be without trust

and optimism in our ideas and more importantly, ourselves? We would, similarly, succumb to our negative thoughts.

Rain, filled with failure and defeat, pours heavily on us. The sun hidden among the mountain of clouds fights to be dry the rain and restore order and peace. The sun fights with strength and force to overcome the darkness that surrounds it.

We all dream big. Everyone has a dream to make it somewhere to make our parents proud. To make ourselves proud. We all have the capability to stand up to our troubles and crush them with our will and desire. I have gone through ups and downs like everyone else. I fall, but I rise up to defeat whatever comes at me next because it is simple. I have a dream. A dream to make my parents, siblings, grandparents, friends, and most importantly that little, scared girl who thought she could not do it. I want her to see how she grew up and took over the world. That little girl who had been stepped over and told she was not good enough. I want her to see she can and will do it.

My dream isn't relatively a big dream. I hope to be happy with who I am regardless of what I am. I don't want to lose myself in the process of finding myself. It is a common thing but overlooked many times. That sounds simple, but it isn't. Many of us dream of what we want to be such as a doctor, artist, actor, architecture, etc. But does anyone really ponder upon who they want to be rather than what they want to be? Does anyone think if they want to be remembered as a kind heart with a selfless mindset or a grumpy millionaire with loads of attitude and despair that consume them? I would want to be the kind heart that believes in herself and knows she has the ability to conquer any obstacle. The kind, optimistic heart will amount to a higher level of happiness and a satisfying career with a greater salary as well (Giellan).

It might feel that the clouds are covering the sun, leaving no space for the sun to shine. But there is a spot even if it is tiny. The sun will shine and show its bright nature. At times, it feels as if the world is crashing, and there is no way forward. But there is a way. A way filled with optimism. That is the route I choose each time I fall down when the negative thoughts are clouding my mind. I want to succeed and tell that shy, scared girl that it is possible to reach your dreams. Choose optimism.

Work-Cited

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